



Legana: The town you thought you were just passing through

**3 Days / 2 nights / Conscious Adventurers
visiting friends and family**

Set along the Kanamaluka / Tamar River in Northern Tasmania, Legana sits just ten minutes north of Launceston and quietly marks the beginning of Tasmania's oldest wine region, the Tamar Valley.

Does this sound like you? You are an energetic, socially-conscious traveller who craves authentic experiences but also values deep personal balance and connection. You actively want to "stay like a local" and avoid commercialised tourist hubs, making a trip to stay with friends or family the absolute perfect foundation for your next getaway.

You are willing to invest your time and travel spend directly into the community, actively seeking out hyper-seasonal food provenance, innovative local makers, and sustainable practices that align with your environmental values. While you love the thrill of discovery, you equally prioritise mindful immersion in nature and the quiet luxury of having space to slow down and reconnect with the people you care about.

If this sounds like your kind of journey, your local hosts in Legana are waiting to show you around.

Getting to Legana

While it's a smooth 20-minute drive from Launceston Airport or under an hour from the Spirit of Tasmania terminal.

- **From Launceston** - north along the (A1) towards the (A7) better known as the West Tamar Highway, where the city slips away quickly and the landscape opens out to river glimpses and wide northern skies.
- **From Devonport** - If you're coming off the Spirit of Tasmania locals will point you toward the Frankford Highway (B71) — a quieter inland route that trades traffic for farmland, long stretches of road and a slower, more scenic approach into the valley.

Day One

The insider's welcome to your arrival

Your Tasmanian adventure begins the moment you arrive in Legana, getting here is part of the appeal - and best done on your own terms. By the time you pull into town, you're already moving slower. Welcome - The air's fresh, it tastes unmistakably like Tassie... but first, coffee.

Go straight to Roam Coffee or on the other side of the highway is a coffee van at Niche Plants. Both offer "coffee on the hop" but no one is going anywhere fast. Expect takeaway cups, dogs tied to the rail, and at least one person you'll soon know stopping mid-order to chat.

Local tip:

Legana locals make the treats here, the brownies and toasties are everything and of course justified, seeing your off to stretch the legs!

Head to the Tamar Island Wetlands a hidden oasis right on the edge of the highway. Tasmanian Parks and Wildlife operates a simple tap and go donation system, feeding the sustainable tourism sector. Winner. The boardwalk through the wetlands is an all-accessible meandering walk incorporating 60 hectares of lagoons and islands teeming with plant and animal life. From the vulnerable white-bellied sea-eagle to the rare striped marsh frog and Tasmanian Snakes large and small have been recorded in this haven of biodiversity.

An architecturally designed information centre welcomes you, that incorporates floor to ceiling windows to take in the vastness of the wetlands and a kid's interactive space, guarantees that there is truly something for young and old.



Local story telling:

This is a story only some locals know, and you won't find it on an interpretation sign. Be sure to ask the guides about Bruno – the true king of Tamar Island for some 20 years – no bull.

Like much of Tasmania, the Tamar Valley moves with the seasons. In spring, migrating birds return to the wetlands and vineyards push out their first green leaves. Summer lingers over long evenings by the river, cellar door tastings and lunches, and farmgate festivals. Autumn brings harvest – apples, cool-climate wines and golden hillsides, while winter settles the valley into misty mornings, woodfires, rich local produce and of course mulled wines.

Each season offers a different way to experience the region, but Legana is reason enough to linger and a quiet invitation to return.

Lunch

A short five-minute drive up the valley along the river brings you to Rosevears Hotel, an iconic Tasmanian waterfront hotel where the views are as much a part of the experience as the food. The menu is traditional Tasmanian pub food, driven by seasonal produce from the valley and nearby growers, a relaxed, approachable take on what makes this region taste like home.

From your table, watch Tamar River cruises drift past, the cruise is another way to take in Legana, from the wetlands stretching out beyond, and the hills framing the valley, the river, the scenery, and the slow rhythm of life here, all while enjoying your local lunch.

Local tip:

Don't rush this stop, make it a long lunch even. The outlook over the Tamar River rewards lingering. Stretching over 60 km inland and opening into Bass Strait, this is a tidal river whose currents quietly reverse with the sea. Its surprisingly deep channel has long made it the main shipping route into Launceston, so as you settle in, you may even spot vessels passing through waters that have carried trade since European navigation of Tasmania in the early 1800s.



Check into your accommodation

Legana does quiet spaces well — leafy settings, vineyard views and a sense of privacy that arrives as soon as you settle in.

Many visitors choose to stay in locally hosted Airbnb's or small guesthouses nearby, but you have options.

Here's a couple of Legana's best we prepared earlier.

For familiarity of space and place: think, sleeping within the cellar door gate, family-sized homes or places designed simply for slowing down and connection.

Eversley Guesthouse - Families enjoy sleeping above the working vines.

Jaclyn Studio - Friends and visitors come together around the firepit after a sauna and spa.

The River Studio - A fully sustainable sanctuary for two.

Or if you prefer the hotel comfort option: That is highly accessible, in newly crafted rooms right on the water, the **Rosevears Hotel** provides comfortable modern spaces alongside their beloved traditional menu of Tamar-sourced pub fare.

Or settle in above the valley on the hill with a hint of "Swiss-ness" and stay at **Tamar Valley Resort** which has offerings from a hotel room to a Chalet/Villa around the lake and golf course within the village.

The **Launceston Caravan Park** offers a relaxed, leafy base in Legana. (Despite the name) it feels quietly tucked away across eight acres of green space yet remains within easy reach of everything you need. It sits just opposite the award-winning Legana Oval, a modern community hub known for its striking pavilion design, while groceries, fuel, and everyday essentials are all just minutes away. Accommodation ranges from powered sites through to well-appointed cabins, including spa options for those seeking a more comfortable, self-contained stay.



Legana Cricket Club's Cultural Connection:

Legana Cricket Club, is homed at the new Oval, be sure to keep an eye out for the team's cultural play tops, which serve as a major cultural spotlight during their Indigenous Round. The artwork on these shirts tells a beautiful, wearable story of connection between people, place, and Tasmanian Aboriginal culture. Flowing lines represent Kanamaluka / the Tamar River, symbolising how the river connects Country just as the sport connects communities across the region. Circular motifs on the front depict the premier clubs as traditional meeting places, linked by pathways of travel. On the back, hand stencils symbolise the strong family and community culture of the club, representing the players, supporters, and volunteers who all leave their mark.

We suggest keeping night one easy, stay in, order from Rhino Pizza (Local tip: Legana Vegi Farmer, is a house favourite) cook something simple and enjoy the quiet or wander down to Tatana Way and grab some casual street food from our friends at Hungry As or Maesi Thai.

Local tips:

To ensure a seamless journey, keep a few essential digital tools in your pocket. Download the Discover Tasmania app to build out your daily itinerary, uncover hidden local tips, and easily access operator contact details while on the road.

For peace of mind while exploring our wilder landscapes, the Tas Alerts app is highly recommended to keep you informed of any unexpected weather or emergency updates. For the gourmet foodie, the Tamar Valley Wine Route digital guide is perfect for navigating our local vineyards. And while it doesn't have its own standalone app, bookmarking the Tasting Trail website on your phone is an absolute must for discovering the region's finest artisanal producers, makers and farm gates.



Day Two

Meet the Makers: Fermentation, Terroir and Slow Conversations

Start the morning with breakfast at Cafe Romero in the heart of Legana. This local favourite is a great spot for a relaxed sit-down meal, offering quality coffee and a solid range of breakfast options - from classic cooked breakfasts to fresh Turkish rolls and lighter choices. It's a good balance between casual and satisfying, making it an ideal way to ease into the day without rushing.

Plan to arrive in the morning (around 7:30–9:00am) to enjoy a quieter atmosphere and get a good start before heading out for the day's activities and note, parking is always free in Legana.

After breakfast you are now in walking distance of Legana's shared pathways, and they are an underrated hero. They link neighbourhoods to river and reserve without fuss. Kids scooter. Dogs lead the way. The pump track and skatepark add just enough chaos to feel alive, it's a great way to see what was and what now is, Legana you've grown and you've bloomed.

Check out Ferment HQ – there's always something bubbling away:

From the outside Ferment HQ looks like a fancy shed, right? But inside world-class fermentation. Sourdough cultures. Miso experiments. Chefs and makers quietly pushing boundaries, get involved and check out what's going on with events constantly popping up here – these are new to locals as well. If you're even vaguely food-curious, ask questions. The locals love talking their craft and its delicious.

Lunch is sparkling, but first a scenic detour, drive slightly past the driveway to your lunch stop and pull over to park right in front of Brady's Lookout. Named after local pioneer William Brady, this lookout offers a cinematic "drive-in" style experience, you can literally park your car and take in sweeping views of the Tamar Valley stretching north towards the Bass Strait. The elevated vantage point makes it feel like the opening scene of a movie, with rolling vineyards, orchards, and the sparkling river below. It's a quick, scenic stop that's perfect for photos and soaking in the expansive Tasmanian landscape before continuing to lunch.



Seasonality Note:

If you are taking in the cinematic, sweeping views of the Tamar Valley from Brady's Lookout this summer, be sure to visit the Rosevears Farm seasonal food van. This local grower brings their harvest directly to you at this iconic vantage point named after pioneer William Brady. It is the perfect opportunity to taste the region's provenance by picking up fresh, sun-ripened cherries, blackberries, brambles, blueberries, and apricots direct from the farmer, or cooling down with a scoop of their delicious homemade ice cream.

Just a couple of minutes "back tracking" towards Legana and perched up the hill you'll find Evenfall Wines - come for the sparkling, stay for lunch. It's refined but relaxed, family - friendly, and dangerously easy to linger a little longer than planned. It's also home to Bellebonne, the sparkling house led by Australia's "Queen of Sparkling", Natalie Fryar, so if bubbles are your thing, you're very much in the right place.

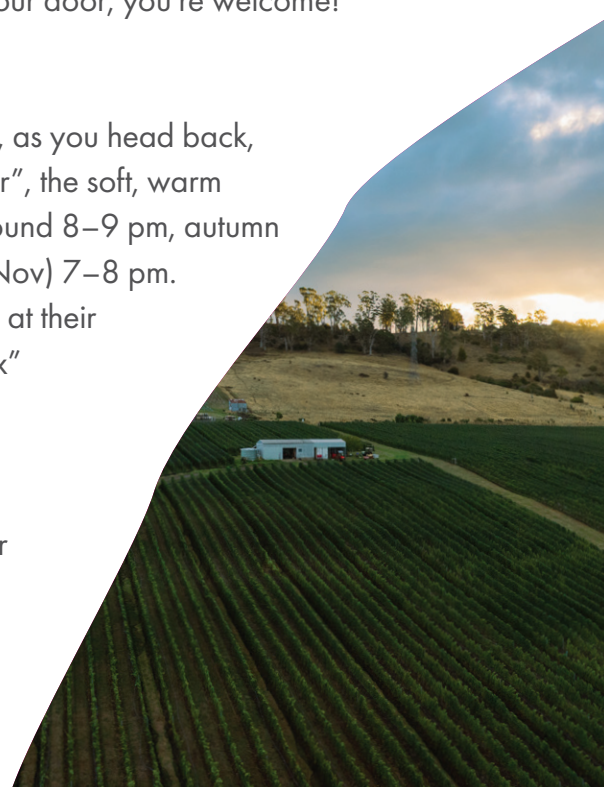
Lunch on the sprawling deck is prime position on a sunny day or grab a spot by the open fire when the weather turns, well we are in Tasmania, could be both. Either way, it's one of those places that books out for good reason. Check out their menu and secure your possie here. Then roll next door to Utzinger Wines. Think European-leaning wines, sweeping vineyard views, and a cellar door where tastings tend to turn into long conversations. For some storytelling, ask Matthias and Lauren about their love story—and how Utzinger ended up here in the Tamar Valley instead of anywhere else in the world.

This little pocket of high-calibre producers along Upper McEwan's Road is just a glimpse of what the Tamar Valley does best. Consider it a teaser for next time—with a full Tamar Valley Wine Route adventure on the cards, look just book that taste the Tamar wine route next visit with Experiential Tasmania they will tailor a bespoke itinerary and pick you up from your door, you're welcome!

Seasonality Insight:

Golden hour arrives quietly here, depending on when you're visiting, as you head back, note Tasmania's four seasons and how they change the "golden hour", the soft, warm twilight that makes the landscape glow. In summer (Dec–Feb) it's around 8–9 pm, autumn (Mar–May) 6–7 pm, winter (Jun–Aug) 5–6 pm, and spring (Sep–Nov) 7–8 pm. Time your return right, and you'll catch the vineyards, rivers, and hills at their most photogenic, regardless make sure you have the "Tasmanian Tux" (puffa coat) on hand so you can linger for longer.

Back to your accommodation, open something you bought while exploring the Valley. Sit outside find some wellness and get ready for dinner, its local, like backyard produce local.



Dinner

Timbre Kitchen (best to book ahead)

Timbre, sounded as (Tam Brah) sits within the Velo cellar door and has built a reputation around seasonal cooking and local produce. Known locally as “Timber,” it is as simple as wood-fired pizzas, or as exclusive as fine dining, Timbre menu is driven by seasonal produce, powered by a local community of diners, producers, and backyard growers.

Dessert matters: Miso caramel mousse, honeycomb, brown butter, say yes.

Local visionaries to learn more about:

Natalie Fryar (Sparkling Queen of Australia)

betasmania.com.au/visionary-focus-natalie-fryar

Dr Jeffrey Hawkins (Managing Director, Pivot Maritime International)

betasmania.com.au/visionary-program/visionaries/dr-jeffrey-hawkins

Kim Seagram (CEO FermenHQ)

betasmania.com.au/world-leading-infrastructure-for-bubbling-industry



Day Three

A Local's Rhythm - Morning River Trails and Meaningful Farewells

If you're an early riser start with a walk, Legana is at its best before the school run begins and the day gathers pace.

At this hour, the Tamar often sits soft and silvery, and the air carries that cool Tasmanian edge, once again, Tasmanian Tux on hand.

The shared pathway linking Legana either direction is smooth and easy if you want to stretch your legs aligned to your morning exercise routine.

Refuel at Urban Shine for a seriously good for you protein drink, then follow the path toward Legana Beach. From the foreshore, the scale of Kanamaluka / Tamar River becomes clear — more than 70 kilometres of tidal estuary quietly shaping the surrounding landscape.

If you prefer a sleep in, and a breakfast/brunch is more your style, then make sure you head to Tamar Valley Resort where you have options, such as the Grindelwald Bakery or the Alpine Bistro. You are now also in the village of activities, so before you finish your time in the valley, tee it off with a game of Putt Putt, Splash Golf, a hit of tennis, or take it easy with the pedal boats and canoes on the lake and feed the ducks to finish your time here.

Two-Wheeled Exploration

Want to feel that crisp Tasmanian air a little closer? Legana happens to be home to Tasmania's largest range of quality hire motorbikes at Motorbike Hire Tasmania (with all safety gear included). For the conscious adventurer looking to leave the car behind for an afternoon, slipping away for a solo spin along the Tamar Valley's winding, scenic roads is the ultimate way to connect with the landscape and experience the region's quiet freedom at your own pace.

tasmanianmotorcycletours.com.au/about-us



Friendly word of advice: Before heading back to the airport, there's no need to detour, Legana has the everyday conveniences you might need, including fuel stops and snacks before the highway home.

There's no big finale, just one more reminder of why this place works. Once apple orchards. Now neighbourhoods stitched together. The highway might call it a gateway, but for those who return - it's home ground.

Local Events to book early:

Tranquility Estate for your next reason to have a celebration, a beautiful canvas for your exclusive event, located just outside of Launceston in Northern Tasmania.

The Beautiful Brunch supporting Be Hers charity, sells out quickly in October, led by passionate entrepreneur and event start up female champion, Sophie Skipper, Evoke Events Tas.

Taste the Tamar: Meet the makers, discover your new favourite drop, and graze your way through the region's best produce.

We acknowledge and pay respects to the Leterremairrener and Pangerninghe Aboriginal people, the Traditional Custodians of the land and seas.

We pay respects to their Elders past and present and acknowledge all Aboriginal and Torres Strait Islanders today.

